



Barnsole Bulletin



TERM 2 | WEEK 2| Friday 14th November 2025

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Dear Parents & Carers,

Today, we have enjoyed a very special day here at Barnsole Primary School as we marked Children in Need. This national charity works to support children and young people across the UK who are facing difficulties such as poverty, illness, or challenging home situations. The money raised helps to fund projects around the UK which provide safety, support, and opportunities so that every child has the chance to thrive. It has been wonderful to see so many of our pupils taking part today, whether by dressing up, wearing something yellow or spotty, or bringing in a donation. The effort and enthusiasm from the children - and the support from you as parents and carers - really shows what a caring school community we have. Events like Children in Need are important, not only because they raise vital funds, but because they help our children to learn about kindness, empathy, and doing something positive for others. Thank you for your generosity and for supporting your child to take part. Together, we are helping to make a difference to children's lives, both here at Barnsole and across the country.

Best wishes,
Mr J Smales



House Points (Overall Total for the Academic Year)



880

Invicta

773

Medway

628

Gordon

753

Adams

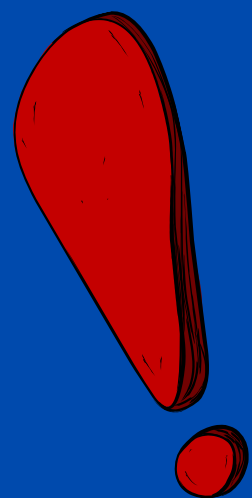




If you have concerns about a child in school, please contact one of the Safeguarding team:

Designated Safeguarding Lead: Jonathan Smales (Headteacher)
Deputy Designated Safeguarding Lead: Liz Kramer (Deputy Headteacher)
Deputy Designated Safeguarding Lead: Nicole Barber (Assistant Headteacher)
Deputy Designated Safeguarding Lead: Stephanie Tollervey (Assistant Headteacher)
Deputy Designated Safeguarding Lead: Michelle Kagan (FLO)
Deputy Designated Safeguarding Lead: Helen Rixon (Office Manager)

If you are concerned about a child outside of school, either after school, at the weekends or during a school holiday, you can contact the following to report your concerns:



Helpful Contact Numbers
Medway Children Services – 01634 334466
Out of Hours Duty Team Medway – 03000 414141
NSPC – 0800 800 500
Police – 101
[Medway.gov.uk/mscb/](https://www.medway.gov.uk/mscb/)

Nursery

This week in Nursery we have been reading different traditional tales. At the end of the week we took a poll to find out our favourite story in the morning session and in the afternoon session.



Year R

This term's topic is Let's Explore. We've enjoyed exploring with our senses. Last week we were making witchy potions to tie in with our book Room on the Broom and this week we have explored lots of smelly things including herbs. We mixed them with some different liquids and textures to see how they turned out. We also explored the different sounds that instruments made when we poured different things on them. We liked the sound of the pasta landing on the drum and the xylophone.



Year 1

Year One had a fantastic time on Art Day! We explored self-portraits by the Cubist artist Pablo Picasso and were inspired by his colourful and imaginative style. The children enjoyed creating their own modern versions, complete with funny faces and bold designs. It was a wonderful day full of creativity and fun!



Year 2

As part of our learning, we have had the opportunity to fully immerse ourselves in the enchanting world of portals. We've been focusing on crafting vivid setting descriptions that draw readers into our narratives. Together, the class has engaged in lots of collaborative work, sharing ideas and adjectives to bring a forest to life using our senses. To enhance this experience, we've watched videos and listened to nature sounds, which has helped us to deepen our understanding and spark creativity in our writing.



Year 3

This week in PE, Year 3 have been exploring dance using industrial factories as their inspiration. The children have worked creatively to develop movements that represent cogs, pistons, and levers, bringing the mechanical world to life through dance!



Year 4

This week, the children have been immersing themselves in their new text, 'How to Train Your Dragon'. They ventured into the wild Dragon Cliff Caves and attempted to trap their very own dragon! However, the dragons proved tricky to catch, constantly waking up and destroying the children's plans.

This exciting experience will now inspire their English writing as they use the drama and action of the story to create their own narratives. They will be focusing on using emotive language and direct speech to bring their main characters to life.



Year 5

In Maths this week, Year 5 have been learning all about fractions! We started by exploring equivalent fractions, discovering how different fractions can actually represent the same amount. Using fraction walls, number lines, and visual models, students compared and created pairs of equivalent fractions, such as $\frac{1}{2}$ and $\frac{2}{4}$. They enjoyed using their problem-solving skills to find patterns and simplify fractions by dividing both the numerator and denominator by the same number. This learning has built a strong foundation for our upcoming work on comparing, ordering, and adding fractions.



Year 6

Last term in Music, Year 6 formed their very own bands! Working with Mrs Tutty, the children explored a range of instruments and experimented with different rhythms using graphic scores. They even created their own graphic scores and worked hard to keep in time as a group. The unit finished on a real high, with each band performing their piece to the class — a lovely and memorable end to the term's work.



Basketball Success at the Mini Youth Games!

Well done to our basketball team, who on Tuesday triumphed at the Basketball Mini Youth Games Cup Tournament held at Medway Park! The team played outstanding basketball throughout the day, showing excellent teamwork, respect, and sportsmanship.

They dominated the court from start to finish, winning all eight of their games by a considerable margin. Their impressive performance and huge points difference secured gold medals and another trophy for Barnsole — a proud addition to Miss Millard's growing collection!

A huge thank you to all the parents and family members who came along to support and cheer on the children — your encouragement made the victory even more special.

Results:

St Andrews - Won - 16-6

Twydall - Won - 20-1

Saxon Way - Won - 20-0

Parkwood - Won - 16-1

Hoo St Werburgh - Won - 21-4

Chettenden - Won - 23-4

Miers Court - Won - 13-6

Napier - Won - 9-7





Champions Club Launches at Barnsole!

You may have noticed that some children came home on Friday with delicious cakes and cookies that they had made in school, these treats were the result of our brand-new Champions Club, which launched on Friday 7th November.

Each week, one child from every class in Key Stage 2 will be invited to join the Champions Club as a special recognition of their hard work, positive attitude, and commitment to always doing the right thing. These children consistently demonstrate our school values, showing kindness, empathy, and respect towards others both in and out of the classroom.

During the session, the children take part in a fun, hands-on activity, this week it was baking, and enjoying time together celebrating their achievements.



Sharing a Love of Reading – Are you free on Friday 21st November?

Following the success of our reading sessions last year, when parents were invited into school to share a love of reading with their children, we are delighted to announce that the initiative will be relaunching this term.

From Friday 21st November, we would like to invite all parents of children in Reception and Key Stage 1 to come into school at 2:45pm each Friday afternoon to spend time reading with their children.

Last year's sessions were a real highlight of the week, it was great to see so many parents and carers joining us. Some read one-to-one with their child, others read with small groups, and some even brought in favourite books from home to share. The atmosphere across the whole Infant school was filled with excitement, stories, and the fun of reading together.

Whether you are new to the school or joined us for these sessions last year, we would love to see you on Friday 21st November for the first session of the year. Continuing to develop our children's love of books and reading – together.



PHONICS WORKSHOP SUCCESS

We were pleased to host some well-attended Phonics Workshops recently, where parents joined their children in a fun and engaging phonics lesson. The children were excited to share their learning, and having their parents in the classroom meant a great deal to them. It was great to see so many families taking part and showing such enthusiasm for early reading.

During the sessions, parents had the opportunity to explore the specific language we use when teaching phonics – including key terms such as digraph and trigraph. The workshop also offered practical ideas for how parents can continue to support their children's phonics learning at home. If you missed the sessions and would like further information, please contact the office.

The sessions highlighted the high expectations we hold for all our pupils as they develop the essential skills for early reading. We would like to extend a big thank you to all the parents who attended, we really appreciate you giving up your time to support your children's learning.

Keep an eye out for future opportunities to come into school and share in your children's learning experiences – we always look forward to welcoming you!

Reminder

Our school and Trust operates a zero-debt policy. Therefore, all wraparound care sessions must be booked and paid for at least 24 hours in advance.

Please check your child's MCAS account and pay any outstanding debt. Moving forward if your child's account is in debt, we will not be able to admit them to any wraparound care sessions until the debt is cleared. The school office will be contacting you either to assist with making payment or ask you to collect your child.

Wraparound care is an additional, non-compulsory service. Continued booking without payment may result in a review of the offer of these provisions to you in the future.

Thank you for your understanding and continued support.



Well done to Michael in Year 6 who last Saturday graded in his Black Belt, Shodan (1st Dan). Michael started doing kung fu in Feb 2020 being just under 5y.o and never stopped really.



Well done to Nova in Yr 5 for placing 3rd out of 20 dancers in her Irish Dancing Competition. .



Parent Information – Uniform Reminder



School Uniform

Please can we remind parents of our school uniform policy. Please take the time to read this on our school website.

Jewellery & Hair Accessories

Earrings – plain Studs only

Hair bands or hair ties should be plain colours and small

No necklaces, bracelets or any other item of jewellery is allowed

Items of Religious Significance

Children from the Sikh community are allowed to wear a kara, which is a steel or iron bracelet. As part of the Sikh faith, the kara must not be removed.

Head coverings (hijab) should be plain navy blue or black without any embellishments, patterns or additional decorations.

PE Days

For PE Days, children should be wearing black shorts, leggings or tracksuit bottoms. T-shirt in the colour of your child's house team or a plain white t-shirt and Black trainers (no bright ones).

On the days that the children have PE they can come to school already their PE kit. It is essential that all items of clothing are clearly marked with your child's name, including coats and PE kit.

U12 GIRLS BASKETBALL TRAINING SCHOOL YEAR 5 & 6



#GIRLSGOTGAME

DAY: MONDAY & TUESDAY
VENUE: CHATHAM GRAMMAR
TIME: 17:30-19:00

SESSIONS WILL OFFER GIRLS A POSITIVE OUTLET DELIVERING SKILLS BOTH ON & OFF THE COURT INCLUDING GREATER CONFIDENCE, INCREASED FOCUS, ENHANCED TEAM WORKING SKILLS, RESILIENCE AND IMPROVED MENTAL HEALTH.

@KENTCRUSADERSBB



GILL.JAMES@KENTCRUSADERS.CO.UK

COMMUNITY-BASED ACTION PARTICIPATORY INITIATIVE FOR TACKLING ANDY EARNINGS, MENTAL HEALTH AND SOCIAL EXCLUSION (BAG NUMBER: 32379)

Are you a **PARENT** or **CARER**...

for a **0-11 year** old child?
living in: **Chatham Central** or **Gillingham North** in Medway?

£25 VOUCHER REIMBURSEMENT

We invite you to join a **Focus Group Session** to:

- improve **child nutrition**
- address **barriers to healthy eating**
- enhance the **overall food environment** within households and communities

More info & interest form!

The **CAPITAL** programme is led by **University College London**

If interested and for more enquiries, please contact **Anushka**
capital@acesoghc.com +44 7553 098182

OUR PARTNERS: **UCL**, **NIHR**, **Applied Research Collaboration Kent, Surrey and Sussex**, **University of Greenwich**, **foodbank**, **MCH Kent**, **aceso**, **NIHR**, **Health Economics Research Collaboration Hub**, **University of Kent**, **Medway**

TERM TIME ONLY

JOIN OUR SATURDAY MUSIC CENTRE

AGES 5 - 18
EVERYONE WELCOME
COMPLETE BEGINNERS TO ADVANCED MUSICIANS
RAINHAM MARK GRAMMAR SCHOOL

DISCOVER MORE
www.medwaymusicassociation.co.uk

mma

Medway Foodbank
Together with Trussell

Reverse Advent Calendar

Items can be purchased and donated at Tesco Gillingham & Strood, Asda Gillingham and Chatham, Co-op, Warden's and Morrisons, Strood or call the office on 01634 757057 to arrange delivery. Thank you for your kind support.

1 Tinned Fruit	2 Instant Mash	3 Custard powder or ready made	4 Tinned tomatoes	5 Instant Soup/Cup-a-Soup	6 Deodorant for men
7 Tinned potatoes	8 Toothpaste and toothbrushes	9 Squash/soft drinks - small bottles	10 Sponge or Christmas Puddings - non-alcoholic please	11 UHT/Long-life Milk	12 Sugar - 500g/small packs
13 Hot Chocolate	14 Shampoo & Conditioner	15 Plain rice - up to 1kg packs	16 Tinned Spaghetti in Sauce	17 Tinned rice pudding	18 Instant Coffee - small jars/packs
19 UHT/Long-life Milk	20 Deodorant for women	21 Ketchup or Brown Sauce	22 Spreads - jam, marmalade, choc or savoury	23 Sweet treats - Chocolates, sweets or biscuits	24 Tinned ham or corned beef

medway.foodbank.org.uk

Your donations will be going to Medway Foodbank which is a project of Help in the Community. Charity number 1166905. Registered Charity in England & Wales.

MMA's Free Online Music Technology Sessions

Open to ages 9-18
Join our virtual sessions
Tuesday 16:30 - 17:30 (term time only)

For full details visit
www.medwaymusicassociation.co.uk

MEDWAY MUSIC ASSOCIATION

mma

dynamics
Helping Music to Inspire



Merry Christmas!



December Timetable

All sessions delivered live online via zoom. 90 minutes long.

£24 each or FREE with School Membership

Book online at facefamilyadvice.co.uk

Recordings available for 48 hours (excluding Free Talk)

Decreasing Depression	1 DEC 10am
Raising Self Esteem	1 DEC 7pm
Understanding the Teenage Brain	2 DEC 10am
Supporting Healthy Sleep	2 DEC 7pm
Autism - Improving Communication	8 DEC 10am
Improving Family Communication	8 DEC 7pm
Supporting A Child with ADHD	9 DEC 10am
Understanding Addictive Behaviour	9 DEC 7pm
Anxiety Based School Avoidance	15 DEC 10am
Understanding Anger	15 DEC 7pm
Supporting Healthy Screen Use	16 DEC 10am
Facing Defiance	16 DEC 7pm

Peer Support Project Train the trainer

Are you looking for a peer support project designed for young people with young people's input.

The Peer Support Ambassador Project, developed by the Child Health Team in collaboration with Medway young people, offers a ready-to-use programme for secondary schools and youth settings.

Join us for a one-day Train the Trainer event on 18 November 2025, where you'll gain insight into the 9-week course that equips young people to become Peer Support Ambassadors.

The course includes three core themes:

- Emotional Health & Wellbeing
- Healthy Relationships
- Digital Health & Life Online

Additional wraparound sessions ensure safeguarding and practical skill development, hence nine sessions across the project.

All session plans, presentations, and handouts are provided in digital format following the training. Please note only 2 staff per setting can attend the training. It's recommended staff hoping to deliver the project should have a colleague to support with delivery, to ensure safety and sustainability of the project. To request more information, please contact: jodie.miller@medway.gov.uk

Secure your [place here](#) or scan the QR code to register:



EE Safer Sims



The EE network is offering Safer SIM plans come with pre-set parental control options, so you can rest assured your child is better protected against viewing inappropriate material.

Parental controls can't be switched off, so whenever they're connected to the EE Mobile network they'll be safer online. Parental controls block access to websites based on content categories but can't block all content in apps.

If you've got EE Broadband, you can set more parental controls so that devices connected to your Smart Hub router will have content filtered too.

<https://ee.co.uk/mobile/safer-sims#plans>



Children in Need 2025



Noor Fatima in Yr 1 has made 25 cupcakes.

Margot Whiffing, Ava, Millie (Oberon)
Ruelle Kelly (dragon), Sienne Kelly (Saturn),
Woody Whiffing (Venus)

All completed a 25 minute lantern walk at
Gillingham Park and created their own
lanterns for it. It was a really great
community event!



Thank you for your generous
donations, we raised £321.45



Class Attendance for the year so far ...

Infants

Saturn - 97%
Neptune - 96%
Mercury - 95%
Jupiter - 93%
Comet - 93%
Moonbeams - 92%
Venus - 91%
Mars - 90%



Juniors

Oberon - 97%
Phoenix - 97%
Apollo - 96%
Titan - 96%
Icarus - 95%
Aquarius - 95%
Capricorn - 94%
Juno - 94%
Pegasus - 93%
Dragon - 93%
Aquila - 93%
Orion - 90%
Polaris - 90%

Dates for the Diary

Monday 1 st December	Yr 3 Stoneage workshop <i>(Payment to be made via the MCAS app)</i>
Tuesday 2 nd December	Yr 5 Egyptian workshop <i>(Payment to be made via the MCAS app)</i>
Friday 5 th December	Yr 6 African Dance Workshop <i>(Payment to be made via the MCAS app)</i>
Monday 8 th December	Yr 4 Christmas Carol Concert (10am-11a,) Yr 1 Christmas Carol Concert (1.30-2.30pm) <i>Third Avenue Church</i>
Tuesday 9 th December	Yr 5 Christmas Carol Concert (10am-11am) Yr 2 Christmas Carol Concert (1.30pm-2.30pm) <i>Third Avenue Church</i>
Wednesday 10 th December	Yr 6 Christmas Carol Concert (10am-11am) <i>Third Avenue Church</i>
Wednesday 10 th December	Yr 4 Anglo Saxon Workshop <i>(Payment to be made via MCAS app)</i>
Friday 12 th December	Year R Nativity (10am-11am) <i>Third Avenue Church</i>
Friday 12 th December	Non-Uniform Day <i>Donations to the Christmas Fayre - further information to follow</i>
Wednesday 17 th December	Barnsole Christmas Fayre (3.30-5.00pm) KS2 Hall
Friday 19 th December	Autumn Term 2 Ends
CHRISTMAS BREAK	Monday 22nd December-Friday 2nd January 2026

Dates for the Diary

Monday 5th January	SCHOOL RETURNS
Thursday 15 th January	School Census (Special Menu)
Tuesday 10 th February	Yr R and Yr 6 Height, Weight and Measure
Friday 13th February	Spring Term 1 ends
HALF TERM	Monday 16th February-Friday 20th February
Monday 23rd February	SCHOOL RETURNS
Thursday 5 th March	World Book Day <i>Further information to follow</i>
Thursday 11 th March-Wednesday 18 th March	Scholastic Book Fair <i>Further information to follow</i>
Friday 13 th March	Red Nose Day <i>Further information to follow</i>
Friday 20th March	INSET DAY
Wednesday 25 th March	Parents Consultation Meetings 3.30pm-5.30pm <i>Further details to follow</i>
Wednesday 1 st April	Parents Consultation Meetings 3.30pm-5.30pm <i>Further details to follow</i>
Thursday 2nd April	Spring Term 2 ends
Friday 3rd April-Friday 17th April	Easter Holidays
Monday 20th April	SCHOOL RETURNS
Monday 4th May	May Bank Holiday
Monday 11 th May-Thursday 14 th May	Yr 6 SATs Week
Monday 25th May-Friday 29th May	May Half Term
Monday 1 st June	School Returns
Wednesday 8 th July	Summer Fayre
Tuesday 21st July	End of School Year



The Medway Skills Academy is BACK!

We had so much fun in our first year, we just can't wait to do it all over again - and we would love you to come and join us!

It's a 10 week course of fun activities for children aged 7-11, every Saturday morning, from 10am-1pm, at Featherby in Gillingham.



We're talking sports, robotics, art, cooking and drama - oh, and we haven't told you the best bit yet...



It's completely **FREE!**



Look out for more details and information on how to sign up in September. We're so excited to get started!...

Engineering
Minds



What Parents & Educators Need to Know about TRACKING DEVICES

Bluetooth tracking devices like Apple's AirTag and Samsung's SmartTags have exploded in popularity, with millions sold each year. These small tools help people locate their lost items, but their discreet design has also made them attractive for more sinister purposes. From stalking to bullying, tracking devices present unique risks that trusted adults need to understand and address.

WHAT ARE THE RISKS?

STALKING AND HARASSMENT



Because of their tiny size and unassuming appearance, tracking devices can easily be hidden in bags or clothing. They've been used to monitor individuals without their knowledge, with a lawsuit in the US labelling AirTags "the weapon of choice of stalkers and abusers". In the UK, use of tracking devices in coercive control and stalking cases reportedly rose by 317 percent between 2018 and 2023.

TOOLS FOR BULLYING



Tracking devices could allow bullies to follow or locate their targets even outside of school. This makes it difficult for children to find refuge, potentially extending the trauma of bullying into spaces – like home – that should feel safe and secure.

FALSE ACCUSATIONS



Because tracking devices are linked to user accounts, they could be misused to 'prove' ownership of someone else's possessions. Someone could, for example, plant a tracker on another person's belongings to falsely claim them as their own.

INVASION OF PRIVACY



These devices are designed to share location data with the user via other people's phones, which can unintentionally broadcast someone's movements without their consent. This makes them vulnerable to being monitored by strangers without realising.

DIFFICULT TO DETECT



Many tracking devices are designed to be discreet, but that also means they're easy to hide. Without proactive checking or the right tech to detect them, children and young people might not realise they're being tracked.

Advice for Parents & Educators

WATCH FOR WARNING SIGNS



If a child's peers always seem to know their location – whether in person or hinted at online – it could be worth checking for tracking devices. Some, like AirTags, will eventually make a noise if separated from their owner. Listen out for a chirping sound.

CHECK LIKELY HIDING SPOTS



Common places where trackers may be planted include jacket linings, bag seams, pockets, or under bike seats. If you find one, take a photo of the serial number before disposing of it – this could help police trace the account it's linked to.

USE DETECTION APPS



Apple devices running iOS 14.5 or later will notify users of unknown AirTags nearby. Android users can install Apple's 'Tracker Detect' or the third-party app 'AirGuard' to scan for tracking devices from various manufacturers.

HAVE THE CONVERSATION



Talk to your child about what tracking devices are, what signs to look out for, and how they might be misused. Emphasise the legal consequences of using them to prank, harass, or monitor someone.

Meet Our Expert

Alan Martin is a seasoned technology journalist with bylines in Wired, TechRadar, The Guardian, The Evening Standard, The Telegraph, and The New Statesman. He specialises in consumer tech, online safety, and emerging risks in the digital landscape.



The National College

What Parents & Educators Need to Know about AI-GENERATED VIDEOS

WHAT ARE THE RISKS?

AI-generated videos are increasingly difficult to spot and easy to share. From fake news clips to deepfake abuse, children and young people face new risks every day online. These videos can imitate real people, spread false narratives or even generate harmful content from scratch. Understanding these dangers is crucial for schools and families who want to protect children in a fast-evolving digital world.

DEEPFAKE ABUSE CONTENT



Shockingly, artificial intelligence is now being exploited to create child sexual abuse material (CSAM). These synthetic images and videos are a form of digital abuse, often generated by manipulating real children's photos, including ones shared innocently online. Worryingly, the Internet Watch Foundation (IWF) has identified a sharp rise in this disturbing trend. Whether real or AI-generated, this content causes lasting trauma – and its creation or possession remains a criminal offence under UK law.

BLURRED REALITY



Regular exposure to fake content can erode a child's trust in real-world evidence. If everything can be faked, they may begin to question genuine videos – including actual abuse or injustice. This is known as the 'liar's dividend', where real harm is dismissed as fake news. It can discourage victims from coming forward or speaking up.

USED FOR BULLYING



Deepfake technology is already being used by peers to create embarrassing or explicit clips of classmates. These videos can be edited to appear as though a child said or did something they never did. Once shared, they are almost impossible to delete completely. AI-generated bullying adds a new layer of harm that is deeply personal and difficult to prove.

EMOTIONAL MANIPULATION



AI-generated videos can be used to provoke strong emotions, including fear, anger or guilt. False footage of crying children, injured animals or burning buildings may be created purely for clicks, donations or political influence. Children may feel upset or powerless, unaware that what they are watching has been digitally invented to manipulate their reaction.

DISINFORMATION



AI-generated videos can spread fake news, making it harder for children to separate fact from fiction. False clips may include deepfake interviews, hoax disasters or fabricated health claims. AI is already being used to produce misleading or persuasive material that appears authentic. If they don't develop media literacy, children may accept false content as truth.

IMPERSONATION AND SCAMS



With just a few photos or voice clips, AI tools can imitate someone's appearance or speech. This makes it easier for scammers or bullies to create fake videos of children, teachers or celebrities. These impersonations can be used for fraud, harassment or humiliation – and can spread quickly through social media or group chats, due to the viral potential of video, in particular, on social media.

Advice for Parents & Educators

TEACH HOW IT WORKS

Explain to children that videos can be faked – and show them how. Demonstrating side-by-side examples of real vs AI-generated clips helps to build awareness. Discuss how faces, voices and even movements can be copied by machines. Understanding the technology reduces fear and builds confidence in navigating digital content safely.



TALK ABOUT TRUST

Always keep lines of communication open. If a child sees something upsetting or unbelievable, they should feel safe discussing it without judgement. Create an environment where they know they will not get in trouble for asking questions. This also helps you step in quickly if harmful content has been shared; trust is vital and needs to be nurtured.



ENCOURAGE CRITICAL QUESTIONS

Help children question what they watch. Who made this? Why was it made? Is it trying to persuade me? These habits encourage digital thinking, especially when videos seem too shocking or convenient. Reinforce that not everything shared by friends or influencers is true, even if it looks convincing at first, and that the initial approach should always be one of speculation.



STRENGTHEN PRIVACY SETTINGS

Advise children not to share voice notes, selfies or personal videos on public platforms. AI tools often scrape content from social media to create deepfakes. Use privacy controls to limit who can see their content and turn off facial recognition where possible. Fewer public images means fewer opportunities for misuse.



Meet Our Expert

Brendan O'Keeffe is a headteacher and digital education consultant with over a decade of experience in education. As Director of Digital Strategy across multiple schools and an advisor to The National College, he specialises in digital safety, PREVENT, and pastoral care.



The National College